SUCIAL MEDIA DETUX QUUTES

Velcome!



Hey There!
I am Ninette Nixon, from the
MouldingLife.

Here are some quotes to motivate you to take a social media detox.

Disconnect

to

Reconnect

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Did you find these quotes helpful? I will be more than happy to know your thoughts.

Send me an email at ninettenixon@mouldinglife.com

Or you connect with me through <u>Facebook</u>, <u>Instagram</u> or <u>Twitter</u>.

Check out the **blog** for contents that will inspire and motivate you to become the best version of yourself.

And also, you can find me on Pinterest.

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